

Top 12 Pollinator Plants For Your Native Garden



Are you wondering what kind of plants to use for your pollinator garden? Look no further! Pollinator Friendly Ames has gathered a list of 12 important pollinator plants for you to choose from.

Spring



Golden Alexander
Zizia aurea

It is a host plant for Black Swallowtails, Ozark Swallowtails, Rigid Sunflower Borers, and supports Mining Bees. Height: 3 ft



Foxglove Beard Tongue
Penstemon digitalis

It supports pollinators like Bumble Bees, Small Carpenter Bees, Syrphid Flies, and is a host plant for Mason Bees. Height: 5 ft



Virginia Bluebells
Mertensia virginica

It supports pollinators in the early spring when many nectar sources aren't yet available. Height: 2 ft



Ohio Spiderwort
Tradescantia ohioensis

It supports pollinators like Small Sweat Bees, Small Carpenter Bees, Mason Bees, Eastern Tiger Swallowtail, and Bee Flies. Height: 3 ft

Summer



Partridge Pea
Chamaecrista fasciculata

It supports pollinators like Long-Horned bees, Bumble Bees, and Silver Spotted Skippers. Height: 2 ft



Butterfly Milkweed
Asclepias tuberosa

It supports pollinators like Leafcutter Bees, and is a host plant for the Monarch Butterfly, and Queen Butterfly. Height: 2 ft



Wild White Indigo
Baptisia alba

It supports pollinators like Small Sweat Bees, Bumble Bees and is a host plant for Clouded Sulphurs, and Genista Broom Moth. Height: 4 ft



Purple Prairie Clover
Dalea purpurea

It supports pollinators like Green Sweat Bees and Bumble Bees and is a host plant for Southern Dogface and many bees species. Height: 2 ft

Fall



New England Aster
Symphyotrichum novae-angliae

It supports over 50 bee species and is a host plant for Pearl Crescents, and Canadian Sonia Moths. Height: 5 ft



Stiff Goldenrod
Solidago rigida

It supports pollinators like Long-Horned Bees, Bumble Bees, and is a host plant for Dart Moths and over 57 pollen specialist bees. Height: 4 ft



Meadow Blazing Star
Liatris ligulistylis

It supports pollinators like Monarchs, Painted Ladies, Bee Flies, Leafcutter Bees, and is a host plant for a few bee species. Height: 5 ft



Bee Balm
Monarda fistulosa

It supports pollinators like Monarchs, Mason Wasps, Bumble Bees, and is a host plant for Hermit Sphinx Moths and Snout Moths. Height: 4 ft